Pencil Grasp
Fast Facts

In typical grasp development, control of the writing utensil is refined as movement advances from the muscles of the forearm, to the wrist, and finally to the fingers. (1)

A mature pencil grasp is typically well established between ages 4–6. (1)

There are many different “functional” and mature pencil grasps; they don’t all have to look the same. (1)

Functional pencil grasps often have the following traits in common:
- Stability within one side of the hand
- Movement within the other side of the hand
- Proximal stability of larger joints of the shoulder, elbow, etc.

Indicators for the need to change a pencil grasp may include:
- Pain
- Stress on Joints
- Fatigue
- Muscle Weakness

A child’s pencil grasp has NOT been shown to impact handwriting speed or legibility. (2)

References:


From TheAnonymousOT.com